

# **Supervisors Guide to Peer Support**

Instructor(s):Maria Arnold & William Wynn

# **Instructor Information:**

Maria Arnold- Parent Support & Training Program Manager. In her first years as a Parent Partner, Maria was the youngest in her role in the Department. For many years since, Maria Arnold has advocated for parents and families who struggle when their child is having emotional difficulties.

William Wynn- Family Advocate Program Manager Advocacy for families with loved ones engaged in behavioral health services is Will's passion. He oversees all family advocacy activities county wide. Family Advocates family-to-family peer support to assist families to understand the intricacies of the behavioral health system, and what they can expect in the days ahead, after their loved one has been diagnosed with a serious behavioral health condition.

# **Course Description:**

This workshop will review the supervision expectations as they pertain to peer support in addition to reviewing the historical implementation of the law in training requirements. In addition, this workshop will review the roles of Peer Support Specialists across county programing. Lastly reviewing some common challenges as supervisors.

Date: November 09, 2023

Time: 8:30am - 5:00pm

Location: 2085 Rustin Ave Riverside Ca 92507 Entrance 1 Conference center

RUHS-BH Staff - Please register for this course via COR at <a href="http://corlearning.sumtotal.host">http://corlearning.sumtotal.host</a>

All other interested partners, please visit <a href="www.rcdmh.org/wet">www.rcdmh.org/wet</a>

Free to all registered participants

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen business days (14) prior to the course date.

**Continuing Education Credits:** This course this course does not offer continuing education units/credits/hours.

# Supervisors Guide to Peer Support November 09, 2023 8:30pm - 5:00pm

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#### **Instructor Information:**

#### Maria Arnold

Parent Support & Training Program Manager

In her first years as a Parent Partner, Maria was the youngest in her role in the Department. For many years since, Maria Arnold has advocated for parents and families who struggle when their child is having emotional difficulties. Mental health recovery and resiliency, for a child in crisis, is a family affair. Maria's expertise lies in her familiarity with the complex challenges families face to access the multi-agency supports offered to children and their families. Maria oversees the Parent Support and Training Unit; Parent Partners in the RUHS-BH system of care who provide parent-to-parent peer support, education and resources, that assist the entire family to discover their resiliency, and watch their child learn to thrive.

## Willard Wynn

Advocacy for families with loved ones engaged in behavioral health services is Will's passion. He oversees all family advocacy activities county wide. Family Advocates family-to-family peer support to assist families to understand the intricacies of the behavioral health system, and what they can expect in the days ahead, after their loved one has been diagnosed with a serious behavioral health condition. Will has specific expertise in the collaborative court system in Riverside County, where Family Advocates work with families to better understand what steps they can take to support their loved one who has been incarcerated.

**Audience:** Staff who supervise Peer Support Peers.

Level of presentation: Introductory –this is a new topic for audience

**Seat #**: 30

**Location**: 2085 Rustin Ave Riverside Ca 92507

Entrance 1 Conference center

This is an ADA compliant course. If you require accommodations, please contact the Rustin Conference Center at (951) 955-7270 fourteen days (14) prior to the course date.

#### **Educational Goals:**

 Participants will gain a better understanding of peer support specialist roles as they pertain across county programing.

### **Learning Objectives:**

- Participants will be able identify supervisory role in supporting a Peer Support.
- Participants will accurately describe history of peer support.
- Participants will identity success strategies in partnership with Sr. Peer Support Specialist.

#### Course outline:

- History of Peer Support
- Medi-Cal Peer Support Certification
- Peer Support Roles & Duties
- Strategies for Successful Partnerships with Senior PSSs
- Senior PSS Roles & Duties
- Understanding the Practice of Peer Support
- Strategies for Successful Recruitments of New PSSs
- Wellness at Work & Turnover Prevention
- Addressing Challenges

\*\*\*This course does not offer continuing education units/credits/hours\*\*\*

Requesting Certificates of Participation: Participants interested in receiving a certificate of participation should contact Sujei Larkin via email at glarkin@ruhealth.org. Please include the following information in your email request: full name and title of training. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. There is no partial credit issued.

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System <a href="http://corlearning.sumtotal.host">http://corlearning.sumtotal.host</a>). The enrollment deadline is three (3) calendar days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit <a href="https://www.rcdmh.org/wet">www.rcdmh.org/wet</a>

<u>Cancellation and Refund Policy</u>: Registration must be cancelled on or before three (3) calendar days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

<u>Grievances:</u> Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).